# Dose

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Dose or Dosage may refer to:

# Loading dose

dose is an initial higher dose of a drug that may be given at the beginning of a course of treatment before dropping down to a lower maintenance dose

In pharmacokinetics, a loading dose is an initial higher dose of a drug that may be given at the beginning of a course of treatment before dropping down to a lower maintenance dose.

A loading dose is most useful for drugs that are eliminated from the body relatively slowly, i.e. have a long systemic half-life. Such drugs need only a low maintenance dose in order to keep the amount of the drug in the body at the appropriate therapeutic level, but this also means that, without an initial higher dose, it would take a long time for the amount of the drug in the body to reach that level.

Drugs which may be started with an initial loading dose include digoxin, teicoplanin, voriconazole, procainamide and fulvestrant.

One or series of doses that may be given at the onset of therapy with the aim of achieving the target concentration rapidly.

## Dose-ranging study

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A dose-ranging study is a clinical trial where different doses of an agent (e.g. a drug) are tested against each other to establish which dose works best and/or is least harmful.

Dose-ranging is usually a pre-clinical, phase I or early phase II clinical trial. Typically a dose ranging study will include a placebo group of subjects, and a few groups that receive different doses of the test drug. For instance, a typical dose-ranging study may include four groups: a placebo group, low-dose group, medium-dose group and a high-dose group. The maximum tolerable dose (MTD) information is necessary to be able to design such groups and therefore dose-ranging studies are usually designed after the availability of MTD information.

The main goal of a dose-ranging study is to estimate the response vs. dose given, so as to analyze the efficacy and safety of the drug. Although such a response will nevertheless be available from phase III or phase IV trials, it is important to carry out dose-ranging studies in the earlier phase I or phase II stages. There are advantages to using healthy volunteers. They are in a steady-state condition showing no different stages of disease and no variation due to disease. In addition, it is easy to recruit and select volunteers among varying age, sex, race etc. under identical conditions in which the test can be repeated.

The main reasons for this is to avoid trials in the later phases using doses that are significantly different from those that will subsequently be recommended for clinical use and also to avoid the need for modification of

dosing schedules at later stages where a large amount of data has already been accumulated for a different dose range.

The duration of action should be determined during dose-ranging study, as it will allow definition of the dosage schedule. Because it is hard to measure reliable pharmacodynamic parameter, it is difficult to determine the duration of action during early clinical trials. Other parameters instead are suggested as a tentative dosage, such as half-lives in plasma and urine in various test species and human, receptor binding in vitro, or pharmacodynamic data in vivo in animals.

### Dose-response relationship

exposure (or doses) to a stimulus or stressor (usually a chemical) after a certain exposure time. Dose–response relationships can be described by dose–response

The dose–response relationship, or exposure–response relationship, describes the magnitude of the response of an organism, as a function of exposure (or doses) to a stimulus or stressor (usually a chemical) after a certain exposure time. Dose–response relationships can be described by dose–response curves. This is explained further in the following sections. A stimulus response function or stimulus response curve is defined more broadly as the response from any type of stimulus, not limited to chemicals.

## Equivalent dose

Equivalent dose (symbol H) is a dose quantity representing the stochastic health effects of low levels of ionizing radiation on the human body which represents

Equivalent dose (symbol H) is a dose quantity representing the stochastic health effects of low levels of ionizing radiation on the human body which represents the probability of radiation-induced cancer and genetic damage. It is derived from the physical quantity absorbed dose, but also takes into account the biological effectiveness of the radiation, which is dependent on the radiation type and energy. In the international system of units (SI), its unit of measure is the sievert (Sv).

#### Ionizing radiation

and organ damage. In high acute doses, it will result in radiation burns and radiation sickness, and lower level doses over a protracted time can cause

Ionizing radiation, also spelled ionising radiation, consists of subatomic particles or electromagnetic waves that have enough energy per individual photon or particle to ionize atoms or molecules by detaching electrons from them. Some particles can travel up to 99% of the speed of light, and the electromagnetic waves are on the high-energy portion of the electromagnetic spectrum.

Gamma rays, X-rays, and the higher energy ultraviolet part of the electromagnetic spectrum are ionizing radiation; whereas the lower energy ultraviolet, visible light, infrared, microwaves, and radio waves are non-ionizing radiation. Nearly all types of laser light are non-ionizing radiation. The boundary between ionizing and non-ionizing radiation in the ultraviolet area cannot be sharply defined, as different molecules and atoms ionize at different energies. The energy of ionizing radiation starts around 10 electronvolts (eV)

Ionizing subatomic particles include alpha particles, beta particles, and neutrons. These particles are created by radioactive decay, and almost all are energetic enough to ionize. There are also secondary cosmic particles produced after cosmic rays interact with Earth's atmosphere, including muons, mesons, and positrons. Cosmic rays may also produce radioisotopes on Earth (for example, carbon-14), which in turn decay and emit ionizing radiation. Cosmic rays and the decay of radioactive isotopes are the primary sources of natural ionizing radiation on Earth, contributing to background radiation. Ionizing radiation is also generated artificially by X-ray tubes, particle accelerators, and nuclear fission.

Ionizing radiation is not immediately detectable by human senses, so instruments such as Geiger counters are used to detect and measure it. However, very high energy particles can produce visible effects on both organic and inorganic matter (e.g. water lighting in Cherenkov radiation) or humans (e.g. acute radiation syndrome).

Ionizing radiation is used in a wide variety of fields such as medicine, nuclear power, research, and industrial manufacturing, but is a health hazard if proper measures against excessive exposure are not taken. Exposure to ionizing radiation causes cell damage to living tissue and organ damage. In high acute doses, it will result in radiation burns and radiation sickness, and lower level doses over a protracted time can cause cancer. The International Commission on Radiological Protection (ICRP) issues guidance on ionizing radiation protection, and the effects of dose uptake on human health.

#### Cumulative dose

Cumulative dose is the total dose resulting from repeated exposures of ionizing radiation to an occupationally exposed worker to the same portion of the

Cumulative dose is the total dose resulting from repeated exposures of ionizing radiation to an occupationally exposed worker to the same portion of the body, or to the whole body, over a period of time.

In medicine, the total amount of a drug or radiation given to a patient over time; for example, the total dose of radiation given in a series of radiation treatments or imaging exams. Recent studies have drawn attention to high cumulative doses (>100 mSv) to millions of patients undergoing recurrent CT scans during a 1- to 5-year period. This has resulted in a debate on whether CT is really a low-dose imaging modality.

## Acute radiation syndrome

syndrome occurring at doses that exceed 50 Gy. The cells that are most affected are generally those that are rapidly dividing. At high doses, this causes DNA

Acute radiation syndrome (ARS), also known as radiation sickness or radiation poisoning, is a collection of health effects that are caused by being exposed to high amounts of ionizing radiation in a short period of time. Symptoms can start within an hour of exposure, and can last for several months. Early symptoms are usually nausea, vomiting and loss of appetite. In the following hours or weeks, initial symptoms may appear to improve, before the development of additional symptoms, after which either recovery or death follows.

ARS involves a total dose of greater than 0.7 Gy (70 rad), that generally occurs from a source outside the body, delivered within a few minutes. Sources of such radiation can occur accidentally or intentionally. They may involve nuclear reactors, cyclotrons, certain devices used in cancer therapy, nuclear weapons, or radiological weapons. It is generally divided into three types: bone marrow, gastrointestinal, and neurovascular syndrome, with bone marrow syndrome occurring at 0.7 to 10 Gy, and neurovascular syndrome occurring at doses that exceed 50 Gy. The cells that are most affected are generally those that are rapidly dividing. At high doses, this causes DNA damage that may be irreparable. Diagnosis is based on a history of exposure and symptoms. Repeated complete blood counts (CBCs) can indicate the severity of exposure.

Treatment of ARS is generally supportive care. This may include blood transfusions, antibiotics, colony-stimulating factors, or stem cell transplant. Radioactive material remaining on the skin or in the stomach should be removed. If radioiodine was inhaled or ingested, potassium iodide is recommended. Complications such as leukemia and other cancers among those who survive are managed as usual. Short-term outcomes depend on the dose exposure.

ARS is generally rare. A single event can affect a large number of people. The vast majority of cases involving ARS, alongside blast effects, were inflicted by the atomic bombings of Hiroshima and Nagasaki,

with post-attack deaths in the tens of thousands. Nuclear and radiation accidents and incidents sometimes cause ARS; the worst, the Chernobyl nuclear power plant disaster, caused 134 cases and 28 deaths. ARS differs from chronic radiation syndrome, which occurs following prolonged exposures to relatively low doses of radiation, and from radiation-induced cancer.

#### Absorbed dose

dose is a dose quantity which represents the specific energy (energy per unit mass) deposited by ionizing radiation in living matter. Absorbed dose is

Absorbed dose is a dose quantity which represents the specific energy (energy per unit mass) deposited by ionizing radiation in living matter. Absorbed dose is used in the calculation of dose uptake in living tissue in both radiation protection (reduction of harmful effects), and radiation oncology (potential beneficial effects, for example in cancer treatment). It is also used to directly compare the effect of radiation on inanimate matter such as in radiation hardening.

The SI unit of measure is the gray (Gy), which is defined as one joule of energy absorbed per kilogram of matter. The older, non-SI CGS unit rad, is sometimes also used, predominantly in the USA.

## Lethal dose

varies from one individual to another, the " lethal dose" represents a dose (usually recorded as dose per kilogram of subject body weight) at which a given

In toxicology, the lethal dose (LD) is an indication of the lethal toxicity of a given substance or type of radiation. Because resistance varies from one individual to another, the "lethal dose" represents a dose (usually recorded as dose per kilogram of subject body weight) at which a given percentage of subjects will die. The lethal concentration is a lethal dose measurement used for gases or particulates. The LD may be based on the standard person concept, a theoretical individual that has perfectly "normal" characteristics, and thus not apply to all sub-populations.

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