

Tisane

Herbal tea

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Herbal teas, technically known as herbal infusions, and less commonly called tisanes, are beverages made from the infusion or decoction of herbs, spices, or other plant material in hot water. Often herb tea, or the plain term tea, is used as a reference to all sorts of herbal teas. Many herbs used in teas/tisanes are also used in herbal medicine and in folk medicine.

These "teas" do not usually contain any true tea (*Camellia sinensis*), but some herbal blends do contain true tea (e.g., the Indian classic masala chai). The term "herbal" tea is often used to distinguish these beverages from "true" teas (e.g., black, green, white, yellow, oolong), which are prepared from the cured leaves of the tea plant, *Camellia sinensis*. Unlike true teas, most tisanes do not naturally contain caffeine (though tea can be decaffeinated, i.e., processed to remove caffeine).

A number of plants, however, do contain psychoactive compounds, such as caffeine or another stimulant, like theobromine, cocaine or ephedrine. Some have the opposite effect, acting as a sedative. Some common infusions have specific names such as mate (yerba mate) and rooibos (red bush). Hibiscus tea is one type of herbal infusion, but many described as some other plant have hibiscus as the main ingredient, or a major one.

Butterfly pea flower tea

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Butterfly pea flower tea, commonly known as blue tea, is a caffeine-free herbal tea, or tisane, beverage made from a decoction or infusion of the flower petals or whole flower of the *Clitoria ternatea* plant. *Clitoria ternatea* is also known as butterfly pea, blue pea, Aprajita, Cordofan pea, Blue Tea Flowers or Asian pigeonwings.

Derived from a plant that is common to most South East Asian countries, butterfly pea flower tea has been brewed for centuries but only recently been introduced to tea drinkers outside the indigenous area. Butterfly pea flower tea gains its distinctive tint from the deep blue color of the petals that has made the plant a popular dye for centuries. One of the distinctive aspects of the tea is the fact that the liquid changes color based on the pH level of the substance added to it, for instance, adding lemon juice to the tea will turn it purple.

Clitoria flowers or blue tea flowers are used for their supposed medicinal properties in Ayurveda.

Dandelion coffee

Dandelion coffee (also dandelion tea) is a tisane made from the root of the dandelion plant. The roasted dandelion root pieces and the beverage have some

Dandelion coffee (also dandelion tea) is a tisane made from the root of the dandelion plant. The roasted dandelion root pieces and the beverage have some resemblance to coffee in appearance and taste, and it is thus commonly considered a coffee substitute.

Tea

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Tea is an aromatic beverage prepared by pouring hot or boiling water over cured or fresh leaves of *Camellia sinensis*, an evergreen shrub native to East Asia which originated in the borderlands of south-western China and northern Myanmar. Tea is also made, but rarely, from the leaves of *Camellia taliensis* and *Camellia formosensis*. After plain water, tea is the most widely consumed drink in the world. There are many types of tea; some have a cooling, slightly bitter, and astringent flavour, while others have profiles that include sweet, nutty, floral, or grassy notes. Tea has a stimulating effect in humans, primarily due to its caffeine content.

An early credible record of tea drinking dates to the third century AD, in a medical text written by Chinese physician Hua Tuo. It was popularised as a recreational drink during the Chinese Tang dynasty, and tea drinking spread to other East Asian countries. Portuguese priests and merchants introduced it to Europe during the 16th century. During the 17th century, drinking tea became fashionable among the English, who started to plant tea on a large scale in British India.

The term herbal tea refers to drinks not made from *Camellia sinensis*. They are the infusions of fruit, leaves, or other plant parts, such as steeps of rosehip, chamomile, or rooibos. These may be called tisanes or herbal infusions to prevent confusion with tea made from the tea plant.

Emoliente

were introduced to Peru during the colonial era as a medicinal drink or tisane. In Lima they became popular to the point that there was an emolientero

An emoliente (Spanish pronunciation: [emolˈjente]) is a traditional drink consumed principally in Peru. It is customary to drink it in the morning or evening. Various medicinal properties are attributed to emolientes and they are used to treat digestive, reproductive, respiratory and circulatory problems.

Emolientes were introduced to Peru during the colonial era as a medicinal drink or tisane. In Lima they became popular to the point that there was an emolientero (emoliente seller) on practically every street corner.

Red tea

leaves of Camellia sinensis from which black tea is made Hibiscus tea, tisane made from sepals of Hibiscus sabdariffa Red Tea, an 1859 English-language

In English, red tea normally refers to rooibos.

Red tea may also refer to:

Black tea, which is referred to in various Asian languages as ?? (literally "red tea")

The completely oxidized bud leaves of *Camellia sinensis* from which black tea is made

Hibiscus tea, tisane made from sepals of *Hibiscus sabdariffa*

Red Tea, an 1859 English-language novel by Paul Harris Daniel

White methane methamphetamine (slang)

Wong Lo Kat

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Wong Lo Kat (Chinese: 王老吉), or Wanglaoji in Mandarin pinyin, is a Chinese herbal tea, and one of the most popular tisane drinks in China today. It is sold in many forms and different types of cans or cardboard containers.

Drink

Mint tea is a popular tisane.

A drink or beverage is a liquid intended for human consumption. In addition to their basic function of satisfying thirst, drinks play important roles in human culture. Common types of drinks include plain drinking water, milk, juice, smoothies and soft drinks. Traditionally warm beverages include coffee, tea, and hot chocolate. Caffeinated drinks that contain the stimulant caffeine have a long history.

In addition, alcoholic drinks such as wine, beer, and liquor, which contain the drug ethanol, have been part of human culture for more than 8,000 years. Non-alcoholic drinks often signify drinks that would normally contain alcohol, such as beer, wine and cocktails, but are made with a sufficiently low concentration of alcohol by volume. The category includes drinks that have undergone an alcohol removal process such as non-alcoholic beers and de-alcoholized wines.

Monarda

later settlers also used it to alleviate stomach and bronchial ailments. A tisane made from the plant was also used to treat mouth and throat infections caused

Monarda is a genus of flowering plants in the mint family, Lamiaceae. The genus is endemic to North America. Common names include bergamot, bee balm, horsemint, and oswego tea, the first being inspired by the fragrance of the leaves, which is reminiscent of bergamot orange (*Citrus bergamia*). The genus was named for the Spanish botanist Nicolás Monardes, who wrote a book in 1574 describing plants of the New World.

Fennel

preparation of pickled eggplants, berenjenas de Almagro. A herbal tea or tisane can also be made from fennel. On account of its aromatic properties, fennel

Fennel (*Foeniculum vulgare*) is a flowering plant species in the carrot family. It is a hardy, perennial herb with yellow flowers and feathery leaves. It is indigenous to the shores of the Mediterranean but has become widely naturalized in many parts of the world, especially on dry soils near the sea coast and on riverbanks.

It is a highly flavorful herb used in cooking and, along with the similar-tasting anise, is one of the primary ingredients of absinthe. Florence fennel or finocchio (UK: , US: , Italian: [fiˈnɔkkjo]) is a selection with a swollen, bulb-like stem base (sometimes called bulb fennel) that is used as a vegetable.

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