

# C Balance Test

## Power Balance

*Independent Investigations Group (IIG), tested Power Balance bracelets for their claim that they improve balance, flexibility and strength. According to*

Power Balance is the original brand of hologram bracelets claimed by its manufacturers and vendors to use "holographic technology" to "resonate with and respond to the natural energy field of the body" to increase athletic performance. Numerous independent studies of the device have found it to be no more effective than a placebo for enhancing athletic performance. As a result, in 2010, the Australian distributor, Power Balance Australia Pty. Ltd., was forced by the Australian Competition and Consumer Commission (ACCC) to retract any previous claims.

## Romberg's test

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Romberg's test, Romberg's sign, or the Romberg maneuver is a test used in an exam of neurological function for balance.

The exam is based on the premise that a person requires at least two of the three following senses to maintain balance while standing:

proprioception (the ability to know one's body position in space)

vestibular function (the ability to know one's head position in space)

vision (which can be used to monitor and adjust for changes in body position).

A patient who has a problem with proprioception can still maintain balance by using vestibular function and vision. In the Romberg test, the standing patient is asked to close their eyes. An increased loss of balance is interpreted as a positive Romberg's test.

The Romberg test is a test of the body's sense of positioning (proprioception), which requires healthy functioning of the dorsal columns of the spinal cord.

The Romberg test is used to investigate the cause of loss of motor coordination (ataxia). A positive Romberg test suggests that the ataxia is sensory in nature, that is, depending on loss of proprioception. If a patient is ataxic and Romberg's test is not positive, it suggests that ataxia is cerebellar in nature, that is, depending on localized cerebellar dysfunction instead.

It is used as an indicator for possible alcohol or drug impaired driving and neurological decompression sickness. When used to test impaired driving, the test is performed with the subject estimating 30 seconds in their head. This is used to gauge the subject's internal clock and can be an indicator of stimulant or depressant use.

## Balance disorder

*standardized balance assessments or outcome measures include but are not limited to the Functional Reach Test, Clinical Test for Sensory Integration in Balance (CTSIB)*

A balance disorder is a disturbance that causes an individual to feel unsteady, for example when standing or walking. It may be accompanied by feelings of giddiness, or wooziness, or having a sensation of movement, spinning, or floating. Balance is the result of several body systems working together: the visual system (eyes), vestibular system (ears) and proprioception (the body's sense of where it is in space). Degeneration or loss of function in any of these systems can lead to balance deficits.

## Balance puzzle

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A balance puzzle or weighing puzzle is a logic puzzle about balancing items—often coins—to determine which one has different weight than the rest, by using balance scales a limited number of times.

The solution to the most common puzzle variants is summarized in the following table:

For example, in detecting a dissimilar coin in three weighings (?)

n

=

3

$\{\displaystyle n=3\}$

?), the maximum number of coins that can be analyzed is ?

1

2

(

3

3

?

1

)

=

13

$\{\displaystyle {\tfrac {1}{2}}(3^3-1)=13\}$

?. Note that with ?

3

$\{\displaystyle 3\}$

? weighings and ?

13

$$13$$

? coins, it is not always possible to determine the nature of the last coin (whether it is heavier or lighter than the rest), but only that the other coins are all the same, implying that the last coin is the dissimilar coin. In general, with ?

n

$$n$$

? weighings, one can always determine the identity and nature of a single dissimilar coin if there are ?

1

2

(

3

n

?

3

)

$$\left\{\frac{1}{2}\right\}(3^n-3)$$

? or fewer coins. In the case of three weighings, it is possible to find and describe a single dissimilar coin among a collection of ?

12

$$12$$

? coins.

This twelve-coin version of the problem appeared in print as early as 1945 and Guy and Nowakowski explain it "was popular on both sides of the Atlantic during WW2; it was even suggested that it be dropped over Germany in an attempt to sabotage their war effort".

Assessment of kidney function

*tests, blood tests, and medical imaging. Functions of a healthy kidney include maintaining a person's fluid balance, maintaining an acid-base balance;*

Assessment of kidney function occurs in different ways, using the presence of symptoms and signs, as well as measurements using urine tests, blood tests, and medical imaging.

Functions of a healthy kidney include maintaining a person's fluid balance, maintaining an acid-base balance; regulating electrolytes sodium, and other electrolytes; clearing toxins; regulating blood pressure; and regulating hormones, such as erythropoietin; and activation of vitamin D. The kidney is also involved in maintaining blood pH balance.

## Kibble balance

*A Kibble balance (also formerly known as a watt balance) is an electromechanical measuring instrument that measures the weight of a test object very precisely*

A Kibble balance (also formerly known as a watt balance) is an electromechanical measuring instrument that measures the weight of a test object very precisely by the electric current and voltage needed to produce a compensating force. It is a metrological instrument that can realize the definition of the kilogram unit of mass based on fundamental constants.

It was originally known as a watt balance because the weight of the test mass is proportional to the product of current and voltage, which is measured in watts. In June 2016, two months after the death of its inventor, Bryan Kibble, metrologists of the Consultative Committee for Units of the International Committee for Weights and Measures agreed to rename the device in his honor.

Prior to 2019, the definition of the kilogram was based on a physical object known as the International Prototype of the Kilogram (IPK).

After considering alternatives, in 2013 the General Conference on Weights and Measures (CGPM) agreed on accuracy criteria for replacing this definition with one based on the use of a Kibble balance. After these criteria had been achieved, the CGPM voted unanimously on November 16, 2018, to change the definition of the kilogram and several other units, effective May 20, 2019, to coincide with World Metrology Day. There is also a method called the joule balance. All methods that use the fixed numerical value of the Planck constant are sometimes called the Planck balance.

## Posturography

*Among them, Computerized dynamic posturography (CDP), also called test of balance (TOB), is a non-invasive specialized clinical assessment technique*

Posturography is the technique used to quantify postural control in upright stance in either static or dynamic conditions. Among them, Computerized dynamic posturography (CDP), also called test of balance (TOB), is a non-invasive specialized clinical assessment technique used to quantify the central nervous system adaptive mechanisms (sensory, motor and central) involved in the control of posture and balance, both in normal (such as in physical education and sports training) and abnormal conditions (particularly in the diagnosis of balance disorders and in physical therapy and postural re-education). Due to the complex interactions among sensory, motor, and central processes involved in posture and balance, CDP requires different protocols in order to differentiate among the many defects and impairments which may affect the patient's posture control system. Thus, CDP challenges it by using several combinations of visual and support surface stimuli and parameters.

Clinical applications for CDP were first described by L.M. Nashner in 1982, and the first commercially available testing system was developed in 1986, when NeuroCom International, Inc., launched the EquiTest system.

## Work–life balance

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In the intersection of work and personal life, the work–life balance is the equilibrium between the two. There are many aspects of one's personal life that can intersect with work, including family, leisure, and health. A work–life balance is bidirectional; for instance, work can interfere with private life, and private life can interfere with work. This balance or interface can be adverse in nature (e.g., work–life conflict) or can be beneficial (e.g., work–life enrichment) in nature. Recent research has shown that the work-life interface has become more boundary-less, especially for technology-enabled workers.

## Spectrophotometry

*are spectral bandwidth (the range of colors it can transmit through the test sample), the percentage of sample transmission, the logarithmic range of*

Spectrophotometry is a branch of electromagnetic spectroscopy concerned with the quantitative measurement of the reflection or transmission properties of a material as a function of wavelength. Spectrophotometry uses photometers, known as spectrophotometers, that can measure the intensity of a light beam at different wavelengths. Although spectrophotometry is most commonly applied to ultraviolet, visible, and infrared radiation, modern spectrophotometers can interrogate wide swaths of the electromagnetic spectrum, including x-ray, ultraviolet, visible, infrared, or microwave wavelengths.

## Blood test

*fingerprick. Multiple tests for specific blood components, such as a glucose test or a cholesterol test, are often grouped together into one test panel called*

A blood test is a laboratory analysis performed on a blood sample that is usually extracted from a vein in the arm using a hypodermic needle, or via fingerprick. Multiple tests for specific blood components, such as a glucose test or a cholesterol test, are often grouped together into one test panel called a blood panel or blood work. Blood tests are often used in health care to determine physiological and biochemical states, such as disease, mineral content, pharmaceutical drug effectiveness, and organ function. Typical clinical blood panels include a basic metabolic panel or a complete blood count. Blood tests are also used in drug tests to detect drug abuse.

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